The opening and launch of the CYP Haven

The official opening of the Children and Young People’s Haven was on the 15th May 2017. The service was opened as an alternative to A&E for young people in crisis as this is an anxiety provoking and daunting situation in itself! This service is the first of its kind in the country, helping to combine social care with health care. The Haven is funded by the CCG—Clinical Commissioning Group.

The CYP Haven is a friendly and welcoming environment for young people aged 10-18 years old who are in emotional distress. The design and layout of the CYP Haven, from the building décor to the logo was all designed with the help of young people and their input!

The official launch of the CYP Haven took place on the 20th of July; over 60 professionals and 25 young people and their families attended. There was food and live music by Kieran Evetts with the opportunity for young people and professionals to network. There was a presentation by Sharon Dean (Mindful and CYP Haven Service Lead) and Jeremy Crouch (Partnerships and Community Lead). The plaque was unveiled by the Chairman of Surrey County Council, Peter Martin.

The launch was a great success and the evening finished with more bands, singing and playing instruments (Bruch and Maybe Not Today) as well as having some guest speakers such as some young people who had attended the CYP Haven since its opening,

“The CYP Haven has given me the courage to carry on and has allowed me to have access to a larger network of professionals”

- Young person who has visited the Haven

In This Newsletter

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Outcomes of the CYP Haven

How many young people have attended since the opening - 156 young people

How many A&E preventions - 61

Self harm prevention - 42

Deterioration in mental health prevention - 87

(On a small number of visits, young people have been prevented from more than one of the above outcomes.)

Follow us on Twitter!

We have created a Twitter page to enable us to communicate our service to a wider audience. On our page we tweet about any upcoming events that we will be presenting at or attending, things we are up to within the Haven and about our opening times!

If we have things coming up that we need young people’s help with, or a workshop around different topics, we will share it on our page!

Please follow us @SABP_CYP_Haven for updates on all things Haven!

Quotes from young people who have visited the CYP Haven

“The CYP Haven always makes you feel important and heard, and always does their best to help you.”

“The CYP Haven has given me courage to carry on and has allowed me to have access to a larger network of professionals.”

“The Haven is a great resource but it would be good if it was open more often!”

“The Haven is a real life line; something I don’t know where I’d be without it.”

“The team at the CYP Haven are very supportive and I feel like I can talk to them about anything without the worry of being judged.”

Young people who attended the launch in July
Promotion we have done!

Since the opening of the CYP Haven, all staff have made a huge effort to try and spread the word about the service and what we can provide for children and young people in Surrey, in crisis!

The staff have been hands on with promotion by posting out letters, posters and leaflets to all schools in Surrey, GP’s, Children’s Centre’s and any other agencies that have contact with children and young people.

Also to promote the CYP Haven, staff have attended lots of different events such as network meetings, schools and colleges to do presentations and stalls, health and wellbeing fairs and lots more!

Team of the week!

The CYP Haven were named team of the week by Surrey and Borders Partnership on 16th October 2017! This shows great commitment and hard work from the team - Well done!

Various stalls and events for promotion

What can the CYP Haven provide?

The CYP Haven is a safe space for young people where they can get support from a mental health nurse, a youth worker and/or a peer mentor. The staff are there to listen to the young person’s worries, give them useful advice and interventions to support them, and signpost to other services for further ongoing support. Advocacy is also available for young people, they just need to ask to speak with the Children’s Rights worker!

When visiting the CYP Haven, young people might be anxious as they do not know what to expect, so there are lots of different things that can be used to make the young people feel comfortable. We have board games, fidget toys, musical instruments, mindful colouring, pool table, arts and crafts and lots more.

At the CYP Haven, we can also provide workshops on a variety of topics that are most relevant to the young people who we have in that day. These can be on things such as anxiety, anger, self harm etc. We may also plan in advance and publish the details of the workshops on our website and twitter for young people to come along to.

Young people also like to bake sometimes as a way to distract them from what’s going on and even use it as a way to talk about how they are feeling.
New CYP Haven’s opening soon!

Due to the great success of the Guildford Children and Young People’s Haven, there is going to be 2 more Havens opening up in the county. There will now be a CYP Haven in Epsom and one in Staines. This is great news as this means we can help more young people county wide, making the service more accessible and making sure that there is a Haven open on each day of the week!

The Epsom CYP Haven will be at The Focus Youth Centre in Epsom and the Staines CYP Haven will be at Leacroft Youth Centre in Staines. Like the Guildford Haven, both Epsom and Staines will have young people’s views on how the buildings should look to make sure that they both have a warm and friendly environment where young people would feel comfortable opening up to professionals.

More details on the Haven’s!

For more details on the opening times and addresses of the new CYP Haven’s, please follow our twitter and keep checking our website for updates! The Haven in Staines is due to open on the 6th of Feb and the Epsom Haven is hopefully going to be opening in March!